

Volunteering

Ford Park Community Group could not deliver services and quality green space if it was not supported by its excellent volunteers. If you are interested in being involved please ring Kim on 01229 588164, Below you can see some of our regular volunteers in action!



Slide & Supper Evenings

After the huge success of these evenings in the Spring with some very entertaining speakers and great relaxed and sociable suppers there is a new programme now available.

16th September Hedgerow Herbs, a Herbal History

25th September Walking the Pacific Crest Trail

Events Programme

Please check the website www.ford-park.org.uk and facebook for the Weekend Theme Nights in the Coach House Bistro.

Family Activity Programme on Wednesdays from 2pm to 4pm

23rd July Teddy Bear's Picnic

30th July Pond Dipping with Cumbria Wildlife Trust

6th August Food Growing Fun

13th August Family Yoga

20th August More Food Growing Fun

27th August Earth Education

30th August Pastel Workshop with Sue Melville

2nd September Working visit with the National Trust to the Duddon

Valley-booking essential-ring 01229 588164 for details

28th August Tunes & Tapas on the Terrace – tickets £20

12th September Pamper in the Park – tickets £10

27th September Apple Day and Craft Fair

30th September Members Meeting 7.30pm

2nd October Wedding Fair

For more details about any of the above events and to make bookings (essential for many events) please ring Kim on 01229 588164, the Coach House Cafe & Bistro team on 01229 581666 or the Coach House office on 01229 580666

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Ford Park Ulverston

So much more than a park



Wildflower Meadow Project launched!

Working collaboratively on wild flower meadow development both locally and within the National Park this project will build on existing good practice and develop knowledge transfer, skills exchange and shared training. With a 97% loss of wildflower meadows nationally it is important for us all to do what we can to change this - to improve biological diversity and support pollinators to ensure we have food in the future! We hope to work with our volunteers, school children, St Mary's Hospice, older community residents, families, educators and the wider community to develop meadows, deliver workshops, support beekeeping, create education resources and hold celebration events and activities. This project is supported by The Invited Guest Trust, Cumbria Community Foundation, Ulverston Town Council, KMI, Furness Beekeepers, Townlands Trust and community donations.



Incredible Edible Developments

After the launch of this project at the end of February there has been a fantastic response from the local community! Ford Park has been directly involved in the development of a forest garden near to the children's play area, lending tools and donating plants to the allotment set up by Turning Point, donating plants to the Scouts and Ulverston in Bloom, running gardening workshops, working with Cumbria Development Education Centre and three schools on a "Life of a Gardener" project, arranging a trip to Incredible Edible Todmorden, setting up a facebook page and website and taking herbs and food growing hanging baskets to Elmhurst Care Home. However there has also been a great sharing of seed and plant swaps, an exchange of training opportunities with Ulverston Permaculture Project, lots of good planting by Ulverston in Bloom and others, a fantastic Scouts project at the Factory Shop and lots of support by local businesses and Ulverston Town Council -really inspiring! Check out progress on Incredible Edible Ulverston on facebook, the diary of the Ford Park kitchen garden: <http://fordparklocalfoodproject.blogspot.co.uk/> and <http://www.incredibleedibleulverston.org.uk/>



Ulverston Carnival

As usual our volunteers put some great costumes together and everyone enjoyed the parade and refreshments in the garden room afterwards!



A fond farewell and a warm welcome at Ford Park

Rufino our wonderful Chef Manager is off to pastures new. Rufino has had a huge part to play in establishing The Coach House cafe and Bistro's reputation as the place to eat out in Ulverston.

Many of you will have enjoyed one of his famous scones and his delicious theme nights, but may not have appreciated all the other ways he has contributed to the Charity above and beyond the call of cooking over the last two years. We wish him every success in his new career at The Netherwood Hotel.

Rufino has left his scone recipe in the very capable hands of Andrew and Joely our remaining chefs so it will be business as usual!

We will be welcoming Ben Queen-Fryer in September who is currently Chef at the multi award winning Drunken Duck Inn at Outgate Ambleside. Ben will be bringing with him a wealth of experience and new ideas which will I am sure build on The Coach House Cafe and Bistros already established reputation.



Sustainability of Ford Park

As some of you may know we are looking to sell Ford House and a small portion of land at the bottom of the park in order to repay loans that were taken out to develop the fantastic community resource and services Ford park offers today. This is not a decision that has been taken lightly but it is the only option available to repay the loans that are now due. Successful sale of the Ford House and the land will ensure the majority of grounds, the volunteer programme, the education work we deliver in schools and to the wider community, the play ground and the cafe would be secure for the future. There will be covenant placed on the parkland to ensure no future sale could take place. If you have any questions please contact Ali Alger on 01229 580666. There will be further open meetings in the near future to discuss this subject.